

The 2 D Quiz

Definition	Progressive loss of brain cells resulting in decline of day-to-day cognition and functioning. A terminal condition. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	An acute or sudden onset of mental confusion as a result of a medical, social, or environmental condition. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Duration	Years (usually 8 to 20) <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Hours to months, dependant on speed of diagnosis. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Thinking	Fluctuates between rational state & disorganized, distorted thinking with incoherent speech <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Gradual loss of cognition and ability to problem solve and function independently. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Mental status testing	Will attempt to answer and will not be aware of mistakes. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Testing may vary from poor to good depending of time of day and fluctuation in cognition. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Memory	Inability to learn new information or to recall previously learned information. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Recent and immediate memory impaired. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Sleep-wake cycle	Disturbed, and sleep-wake cycle is reversed (up in night, very sleepy and sometimes non-responsive during the day) <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	May awaken often at night, may wander, but sleep can also be normal. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Hallucinations & delusions	Can be present. May misperceive. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Often of a frightening or paranoid nature <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia

Diagnosis	Usually diagnosed approximately 3 years after onset of symptoms. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Diagnosis based on rapid onset of fluctuating symptoms. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Care approaches	Early recognition is key. Keep person safe, find cause and treat as quickly as possible. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Maintain and enhance abilities that remain. Focus on the positive and support the lost abilities. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Prognosis	Treatable and reversible, especially if caught early <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Progression can be slowed but not reversed. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
Treatment	Treat cause. Monitor response. Be alert for relapse. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Anticholinesterase inhibitors slow the progression. Symptomatic treatment with environmental & staff approaches. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia

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ANSWERS

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2D Quiz Answers, cont.

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