

# SUGGESTED FIRST AID SUPPLIES FOR RESIDENTIAL CARE FACILITIES



## COMMUNITY CARE FACILITIES LICENSING PROGRAM

Section 43(2) of the Residential Care Regulation states:

A licensee must have first aid supplies that are readily accessible to all employees, including while care is provided off the community care facility premises.

First aid supplies kept at a residential care facility should include at a minimum the items listed below. The quantity of each item should reflect the size of the facility and the access to medical assistance. Some facilities may wish to include additional items.

### EQUIPMENT:

- Disposable gloves
- Pocket mask with one-way valve
- Band Aids (various sizes)
- Sterile gauze pads (various sizes)
- Gauze roll
- Non-adherent dressings
- Adhesive tape (non-allergic)
- Triangular bandages
- Elastic tensor bandages
- Antiseptic swabs or wipes
- First Aid Manual
- Pen/pencil
- Notepad

### INSTRUMENTS:

- Bandage scissors
- Tweezers or Splinter Forceps
- Safety pins

### EMERGENCY PHONE NUMBERS (Keep in kit on a laminated/waterproof card):

**AMBULANCE**

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**FIRE**

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**POLICE**

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**CONTROL**

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**POISON**

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#### South

201 – 771 Vernon Avenue  
Victoria, BC V8X 5A7  
Ph: **250-475-2235**  
Fax: 250-475-5130

#### Central

#29 - 1925 Bowen Road  
Nanaimo, BC V9S 1H1  
Ph: **250-739-5800**  
Fax: 250-751-1118

#### North

#200 - 1100 Island Highway  
Campbell River, BC V9W 8C6  
Ph: **250-850-2110**  
Fax: 250-286-3486