



P.A.R.T.Y. Program Workshop Outline

- Workshops:**
- 3.5 hour session
 - Available September to June over the 2006/2007 school year.

Target: Grade 10 Students within School Districts 61, 62, 63, 64 and 79.

P.A.R.T.Y. Session Agenda:

Prior to arriving for the workshop, the students will have completed the Pre-P.A.R.T.Y. Survey.

The opening introduction and closing keynote speaker lectures involve the entire group of students. The students then break into groups to rotate through the activity stations. Five minutes is allocated for students to move from one station to the next. The program is 3.5 hours total duration.

The students will be greeted at the main entrance and escorted to the lecture hall and the activity stations. An adult P.A.R.T.Y. volunteer will move them around the hospital.

Introduction:

- Welcome by program coordinator. The “Ground Rules” explained.
- Presentation by Emergency Room Physician
- Introduces PARTY, the program sponsors and the days agenda
- Myths & truths about alcohol consumption and the effects on the body
- Canada & BC statistics
- Smart road safety choices and outcomes of risky behavior
- Crash photos and case presentations
- Types of crash injuries & permanent versus fixed injury
- Brain and Spinal Cord Injury
- Questions

Key Message:

- ◆ Buckle Up
- ◆ Think First – Be Smart!

Station #1: BC Ambulance Crash Scene Demonstration

- Motorcycle and bicycle helmets will be presented and discussed to demonstrate how proper gear absorbs impact to provide protection to the rider.
- A crashed car is provided by ICBC.
- Paramedics present the story of the crashed car via an interactive discussion:
 - How fast was the car going? What happened? How many passengers?
 - What kind of injuries? Was it a fatal crash?
 - Were they wearing seatbelts?
- BCAS paramedics demonstrate spinal immobilization and pre-hospital resuscitation equipment using a volunteer student. A student will have a C-spine collar applied and be immobilized on a spine board or clamshell device.
- Questions

Key Messages:

- ◆ Wear the gear
- ◆ Buckle Up – Seat belts only save lives if you wear them.
- ◆ Speed: "Slow Down – Speed Kills".
- ◆ Impaired Driving: "Zero Tolerance".
- ◆ You have a voice as a passenger. Your Life...Your Choice.
- ◆ Don't get in, speak up, get out and save your life! Make a good choice.

Station #2: Trauma Room Demonstration

- A trauma nurse explains what occurs when a trauma patient enters the ER (cutting clothes off, immobilization, needles, IV's, catheters, etc).
- The talk is delivered in the first person as a narrative of what has occurred so far and in the near future for this patient.
- A student patient model is used as a hypothetical patient to visualize the procedures and treatments.
- What happens when you leave the ER?
- Questions

Key Messages:

- ◆ Risk taking and poor choice may result in a visit to the ER.
- ◆ Risk taking impacts not only you, but also the hospital staff, your family & friends.
- ◆ Consequences: Loss of independence or loss of life.

Station #3: Morgue Tour

- Students will be shown the morgue viewing area and vaults (if available) to demonstrate where parents identify their child's body.
- A graphic slide show with narration and fatality statistics is provided by the coroners' service. The slides depict trauma, drug abuse, suicide and alcohol related injury and risk related injury.
- The roles of the coroner and police in crash investigations.
- Youth death statistics.

Key Messages:

- ◆ The number 1 killer of youth is car crashes.
- ◆ Don't let it happen to you.
- ◆ Drinking and driving is killing your friends.
- ◆ Your Life...Your Choice.

Station #4: Alcohol and Visual Impairment Activity/Vancouver Island Brain Injury Society – Brain Injury Survivors

- The police liaison speaks about notification to families, current laws surrounding drugs, alcohol and intoxication, what occurs when a charge is laid under the Criminal code, and current 24-hour prohibition legislation and graduated licenses. A Roadside Screening Device is demonstrated
- ICBC "Fatal Vision" Goggles: Simulated Alcohol Impairment. Students experience and understand the effects on the body at two levels of simulated alcohol impairment by donning the simulation goggles. Students are asked to walk along a straight line on the floor and pick an object up from the floor.
- Brain injury survivors share their personal experiences of living with a permanent brain injury with the students.

Key Messages:

- ◆ "Zero Tolerance" for impaired driving.
- ◆ Make a plan to get home safe before you leave the house (taxi, bus, parent, friend).
- ◆ Don't get in a car with a drinking driver or speeding driver.
- ◆ Brain injury can permanently alter you life, your dreams.

Station # 5: Brain Injuries: Speaking, Dressing & Writing Activity

- Students listen to an audiotape of a brain-injured individual.
- The students record what phrases they hear & the facilitator provides that correct answers.
- Students experience rehabilitation and permanent disabilities by performing some everyday tasks while having limbs impaired artificiality.
- Students have special gloves applied that simulate decreased hand dexterity due to spinal injury, and are asked to button a shirt with the provided tool.
- Mirrors, pens and writing exercises are provided to simulate visual/motor deficits associated with brain injury.

Key Messages:

- ◆ Bad choices and crossing the "stupid line" lasts a lifetime.
- ◆ Permanence of disabilities
- ◆ Frustration of rehabilitation

Key Note Speaker

- A survivor of youth trauma or a parent/sibling of a trauma victim provides a motivational lecture, by speaking about his/her experiences. The keynote speaker describes life before and after youth trauma.
- Questions

Key Messages:

- ◆ Your Life, Your Choice
- ◆ You do not want to have this experience – be smart and think first.

Closing

- Students are given the “No Risk” Contract for Life and a local phone card to get home safely.
- They are encouraged to share their experience at P.A.R.T.Y. with parents/guardians to open discussions of a safe ride home.

Follow-up

- The teacher administers the P.A.R.T.Y. Post Test 1-2 weeks after participating in the workshop.