



# MENTAL HEALTH & ADDICTIONS SERVICES

Based in a variety of outreach, acute care, community, rehabilitation and tertiary/residential settings all over Vancouver Island, our team-spirited work environments offer diversity, challenge and opportunities to lead. The Mental Health & Addictions Services team takes particular pride in merging the two realms of mental health and addiction issues. This approach, which takes into account concurrent disorders, represents a significant departure from traditional models. Health regions from across Canada are observing the innovations in progress, the better to enhance their own services.

## FACILITIES

Among Vancouver Island Health Authority's numerous Mental Health & Addictions Services facilities are the acute care environments of:

- Royal Jubilee Hospital
- Victoria General Hospital
- Cowichan District Hospital
- Nanaimo Regional General Hospital
- West Coast General Hospital, Port Alberni
- St. Joseph's Hospital, Comox (by contract)

Exemplifying a unique approach to tertiary rehabilitation services and located on a 17-acre park-like setting 20 minutes from downtown Victoria, Seven Oaks is a psychiatric rehabilitation residential program identified in 1997 by Health Canada as a 'best practices' site. The 38-bed facility provides top-quality psychiatric treatment and rehabilitation in a group of home-like cottages – an environment conducive to residents learning basic living and community skills while managing illness. With a view to moving residents towards greater independence, Seven Oaks delivers its services through a holistic approach rooted in the key values of openness, participation, quality and innovation.

## PROGRAMS & SERVICES

- Outreach and crisis response
- Emergency room
- Inpatient care
- Detox
- Supportive recovery for addictions
- Day hospital and short-term treatment/counseling
- Ongoing community treatment
- Residential care and housing
- Rehabilitation and in-home support
- Respite
- Psycho-geriatric services, both in patient and community settings



The Best Place on Earth

