



Regional Pain Program

Complex Case Rounds

Complex case rounds are held weekly at the Pain Clinic. This gives all of our disciplines an opportunity to take part in a “brainstorming” event to discuss the needs of a complex patient and to contribute suggestions on how the use of our various resources may help to decrease and/or alleviate this patient’s pain and to increase his/her ability to function day-to-day. This also offers an opportunity to develop a “treatment plan” for our complex pain patients.

During these complex case rounds patients are presented by a member of the interdisciplinary team to both gather ideas from the other members of the team and to allow the other team members to be “updated” on the progress of that particular patient so the team can see how interventions have worked. We also invite the patient’s family physician, physiotherapist, or other healthcare providers to contribute to the team. In that way it provides the family physician with information of treatments given to the patient and also how to follow up the patient once they have completed the programs at the Pain Clinic. Our goal is to provide the patient with the skills to manage their pain back in their community.