The Journey!

Examples of care options available as needs change.

Well Adult

Family Supports

Community Social Supports
Church, Recreation Programs, Social Groups and Memberships

Health Active Life Style Choices
Diet, Exercise

Medical Management

Managing Complex Health Needs

Ongoing Medical Management

Private Care Options
Examples include: in-home supports, home and yard maintenance, meal assist programs, lifeline, Day Care services, companion services, Assisted Living and Residential Care Facilities.

Home and Community Care
Examples include: Home Nursing Care, Physio and Occupational Therapy, Case Management, Home Support Services, Adult Day Care, Palliative Care, Social Work, Caregiver Respite, Assisted Living and Residential Care (when indicated).

Rehabilitation from Illness

Acute Care
Hospital Care, Social Work, Rehabilitative Programs, Chaplain Services, Transitional Care Services.

Home and Community Care
Ongoing supports when and where possible to assist with your return from hospital to independet or semi-indepent living. Access to Residential Care options (private and subsidized) from hospital are considered only when there are insufficient community services available to meet your assessed care needs.

Independent Living
Living at home with supports as listed above.

Assisted Living
Semi-independent living includes partial assistance with personal care, meals, social activies.
Eligibility requirements.

Residential Care Facilities
Must need 24 hour professional nursing care.
Eligibility requirements.