

## Philosophy:

DDMHT members support persons with disability to be treated with dignity and to have their rights as individuals be considered in any treatment plan.

This includes: the right to community services, positive program alternatives, and to least restrictive treatment approaches.



### DDMHT

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## **Mental Health and Addiction Services DEVELOPMENTAL DISABILITY MENTAL HEALTH TEAM (DDMHT)**

For people with  
Developmental Disability  
registered with  
Community Living BC (CLBC) or  
MCFD Children and Youth with  
Special Needs (CYSN)

## **Mandate:**

DDMHT provides non-crisis mental health services for individuals 14 years and older with a demonstrated developmental disability, mental health issue, challenging behaviour, and or substance misuse.

## **Mission:**

DDMHT provides consultative support and specialized knowledge to promote the quality of life for people with intellectual and other developmental disabilities, mental health issues, challenging behaviours, and or substance misuse.

## **Values:**

DDMHT values client centered partnerships and the promotion of shared care with community partners to promote wellbeing and quality of life. We value respectful and individualized assessment and consultation that recognizes the diversity and complexity of the individuals we serve.

## **Vision:**

Advancing the profile of mental health care needs for individuals with Developmental disabilities.



## **Mental Health and Addiction Services Developmental Disability Mental Health Team**

The Developmental Disability Mental Health Team (DDMHT) provides a limited, non-crisis specialized service as an Island-wide program within Mental Health and Addiction Services, VIHA. We serve Vancouver Island, the Gulf Islands and Powell River supporting general services within communities.

DDMHT provides assessments to individuals 14 years and older with a demonstrated developmental disability and mental health concerns and/or challenging behaviour and who have been assessed as eligible for CLBC or MCFD CYSN services. The team also provides expertise and support to the individual's community support networks.

SERVICES delivered in the community include: Psychiatric and psychological consultation (behavioral analysis, assessment, dementia screening), nursing consultation, dementia consultation, neuropsychological evaluation.

To provide continuity of care, DDMHT clinicians work in collaboration with the client's community network to facilitate treatment planning.



## **How We Work**

REFERRALS for assessments must be jointly supported by the individual and/or their family/caregiver and primary physician and screened for eligibility by Community Living BC or MCFD CYSN.

The CLBC or MCFD CYSN representative submits the referral along with DDMHT and Pharmanet consent forms signed by the client, their guardian OR Substitute Decision Maker. These signed consents are necessary for the DDMHT to be able collect collateral information utilized in the assessment.

The CLBC or MCFD CYSN representative assists DDMHT in collecting other essential background documentation including social history questionnaire, medical information, prior assessments, personal plans, records from school or work, critical incident reports, etc.

On the basis of this information, the client's service needs are determined. In liaison with each community, the DDMHT Coordinator then approves & schedules the consultation.

The consultation may involve one or more of the following services:

- ◆ Psychiatric Assessment or Review
- ◆ Psychological Consultation
- ◆ Nursing Consultation
- ◆ Neuropsychological Evaluation