

The 3 D Quiz

Definition	<p>Progressive loss of brain cells resulting in decline of day-to-day cognition and functioning. A terminal condition.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>An acute or sudden onset of mental confusion as a result of a medical, social, or environmental condition.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>A change in mood which lasts at least 2 weeks and includes sadness, negativity, loss of interest, pleasure and decline in functioning.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Duration	<p>Years (usually 8 to 20)</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Hours to months, dependant on speed of diagnosis.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>At least 6 weeks, but can last several months to years, especially if not treated.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Thinking	<p>Fluctuates between rational state & disorganized, distorted thinking with incoherent speech</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>May be indecisive and thoughts highlight failures and sense of hopelessness</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Gradual loss of cognition and ability to problem solve and function independently.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Mental status testing	<p>Capable of giving correct answers, however often may state, "I don't know".</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Will attempt to answer and will not be aware of mistakes.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Testing may vary from poor to good depending of time of day and fluctuation in cognition.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Memory	<p>Recent and past memory impaired.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Generally intact, though may be selective. Highlights negativity.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Recent and immediate memory impaired.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>

Sleep-wake cycle	<p>Disturbed, usually early morning awakening</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Disturbed, and sleep-wake cycle is reversed (up in night, very sleepy and sometimes non-responsive during the day)</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>May awaken often at night, may wander, but sleep can also be normal.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Hallucinations & delusions	<p>Can be present. Usually guilty & negative toward self.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Can be present. May misperceive.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Often of a frightening or paranoid nature</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Diagnosis	<p>Usually diagnosed approximately 3 years after onset of symptoms.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Diagnosis based on rapid onset of fluctuating symptoms.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Others may notice symptoms before the person does. May complain of feeling physically ill and begin withdrawing.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Care approaches	<p>Early recognition is key. Keep person safe, find cause and treat as quickly as possible.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Identify the symptoms early. Help person to follow treatment plan & offer them hope.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Maintain and enhance abilities that remain. Focus on the positive and support the lost abilities.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Prognosis	<p>Treatable and reversible, especially if caught early</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Treatable and reversible condition</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Progression can be slowed but not reversed.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>
Treatment	<p>Treat cause. Monitor response. Be alert for relapse.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Antidepressants, ECT, cognitive therapy, assist to improve confidence and self-esteem through conversation and activity.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>	<p>Anticholinesterase inhibitors slow the progression. Symptomatic treatment with environmental & staff approaches.</p> <p><input type="checkbox"/> Depression <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia</p>

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Answers

Definition	<p>Progressive loss of brain cells resulting in decline of day-to-day cognition and functioning. A terminal condition.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>An acute or sudden onset of mental confusion as a result of a medical, social, or environmental condition.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>	<p>A change in mood which lasts at least 2 weeks and includes sadness, negativity, loss of interest, pleasure and decline in functioning.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>
Duration	<p>Years (usually 8 to 20)</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>Hours to months, dependant on speed of diagnosis.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>	<p>At least 6 weeks, but can last several months to years, especially if not treated.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>
Thinking	<p>Fluctuates between rational state & disorganized, distorted thinking with incoherent speech.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>	<p>May be indecisive and thoughts highlight failures and sense of hopelessness.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Gradual loss of cognition and ability to problem solve and function independently.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>
Mental status testing	<p>Capable of giving correct answers, however often may state "I don't know".</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Will attempt to answer and will not be aware of mistakes.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>Testing may vary from poor to good depending of time of day and fluctuation in cognition.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>
Memory	<p>Recent and past memory impaired.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>Generally intact, though may be selective. Highlights negativity.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Recent and immediate memory impaired.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>

3D Quiz Answers, cont.

<p>Sleep-wake cycle</p>	<p>Disturbed, usually early morning awakening.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Disturbed, and sleep-wake cycle is reversed (up in night, very sleepy and sometimes non-responsive during the day).</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>	<p>May awaken often at night, may wander, but sleep can also be normal.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>
<p>Hallucinations & delusions</p>	<p>Can be present. Usually guilty & negative toward self.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Can be present. May misperceive.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>Often of a frightening or paranoid nature.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>
<p>Diagnosis</p>	<p>Usually diagnosed approximately 3 years after onset of symptoms.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>	<p>Diagnosis based on rapid onset of fluctuating symptoms.</p> <p>Depression ▶ <u>Delirium</u> Dementia</p>	<p>Others may notice symptoms before the person does. May complain of feeling physically ill and begin withdrawing.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>
<p>Care approaches</p>	<p>Early recognition is key. Keep person safe, find cause and treat as quickly as possible.</p> <p>▶ <u>Delirium</u> Depression Dementia</p>	<p>Identify the symptoms early. Help person to follow treatment plan & offer them hope.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Maintain and enhance abilities that remain. Focus on the positive and support the lost abilities.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>
<p>Prognosis</p>	<p>Treatable and reversible, especially if caught early.</p> <p>▶ <u>Delirium</u> Depression Dementia</p>	<p>Treatable and reversible condition.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Progression can be slowed but not reversed.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>
<p>Treatment</p>	<p>Treat cause. Monitor response. Be alert for relapse.</p> <p>▶ <u>Delirium</u> Depression Dementia</p>	<p>Antidepressants, ECT, cognitive therapy, assist person to improve confidence and self-esteem through conversation and activity.</p> <p>▶ <u>Depression</u> Delirium Dementia</p>	<p>Anticholinesterase inhibitors slow the progression. Symptomatic treatment with environmental & staff approaches.</p> <p>Depression Delirium ▶ <u>Dementia</u></p>