



Community Populations* of Vancouver Island

Alberni-Clayoquot Region	33,618	Cowichan Valley Region	77,561
Port Alberni	18,490	City of Duncan	4,871
Tofino	1,711	Duncan plus Cowichan Valley Districts	38,813
Ucluelet	1,847	Ladysmith	7,111
		Lake Cowichan	2,978
		North Cowichan	28,065
Capital Region – Victoria	336,562	Mount Waddington Region	15,154
Central Saanich	16,451	Alert Bay	611
Colwood	14,825	Port Alice	1,203
Esquimalt	17,038	Port Hardy	4,581
Highlands	1,962	Port McNeill	2,900
Langford	20,901		
Metchosin	5,272		
North Saanich	11,103		
Oak Bay	18,357		
Saanich	109,639		
Sidney	11,495		
City of Victoria	77,538		
View Royal	8,045		
Comox-Strathcona Region	106,254	Nanaimo Region	136,920
Campbell River	30,170	Nanaimo	78,271
Comox	12,394	Parksville	11,345
Courtenay	21,068	Qualicum Beach	7,383
Cumberland	2,760		
Gold River	1,429		
Sayward	403		
Tahsis	593		
Zeballos	232		

* Based on 2003 estimates



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