



Hillside Seniors Health Centre
Yakimovich Wellness Centre

1454 Hillside Avenue

FEBRUARY 2012

Please check our web site at www.viha.ca/hshc/yakimovich_wellness_centre.htm

DATE: MONDAY, FEBRUARY 6TH, 2012

TOPIC: UNDERSTANDING AND LIVING WITH DEMENTIA

TIME: 1:30-3:30pm

Presenter: Christin Hillary, Support & Education Coordinator, Alzheimer's Resource Centre

Session Description: Participants will receive basic information on dementia and the impact it has on the individual, their care partners, and their support network. You will have an opportunity to learn about the diagnosis, different programs and series available in the community, the importance of planning for the future, and strategies for living well. People with a diagnosis of dementia, care partners, and family members are all invited to attend.

Free Admission

Register by calling Hillside Seniors Health Centre 250-370-5641

OR

Register by emailing: WellnessCentreRegistration@viha.ca

(Two hour free parking on side streets or paid parking behind Aberdeen/)
For more information call the Yakimovich Centre: 250-370-5641