

Medications to Discontinue Before Surgery*

Medication	# days to stop before surgery

* If your doctor asks you to continue any of these medications, please follow their directions.

Medications to bring into hospital with you

Suggestions to improve the use of your medications

Pre-Admission Clinic Medication Information

You will be seeing a pharmacist during your pre-admission clinic visit. The pharmacist will ask you questions about your medications, including prescription, over-the-counter, vitamin and herbal medications. This information will become your best possible medication history and will be used by the surgeon and other health care professionals during your hospital stay. This medication history is part of a national initiative to improve medication safety.

If there are any changes to your medications after having met with the pharmacist (before your surgery) please inform the surgical day care nurse (the morning you come in for surgery) of these changes.

On the inside of this pamphlet there is space for you to document your medications. We encourage you to carry an up to date medication list with you at all times. Your doctor, dentist and pharmacist can use this information to improve your medication safety by avoiding potential drug interactions and duplications of therapy.

Always ask your Doctor/Pharmacist the following when starting a new medication:

- What is it for?
- How and when do I take it, and for how long?
- What foods, drink and other medications should I avoid while on this medication?
- Are there any side effects and what do I do if they occur?

Carry an up to date medication list with you and use this to document any changes discussed with your doctor

