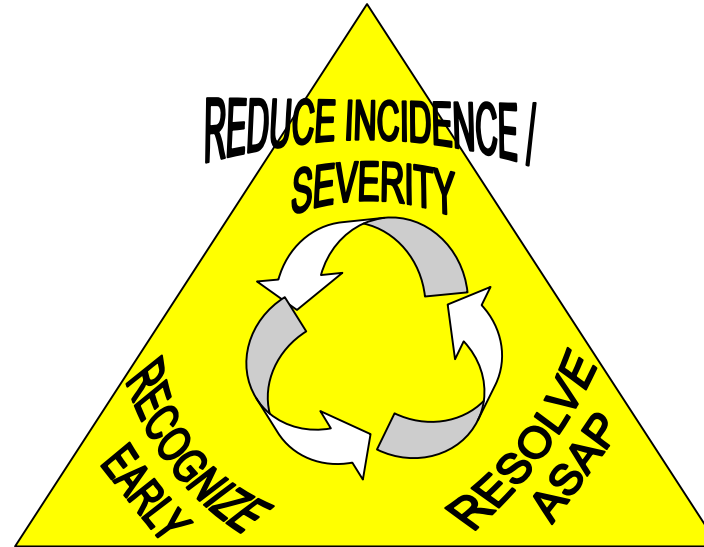


REGIONAL DELIRIUM WATCH PROGRAM

DELIRIUM IS A MEDICAL EMERGENCY



Predict / Prevent

- Assess all adult patients pre-admission or on admission to acute care for delirium risk factors
- Alter care strategies to ameliorate/correct risks
- Communication strategies to alert when Delirium Watch initiated

Recognize Early and Accurately Diagnose

- CAM Assessment
- CAM - ICU
- DSM IV criteria

Intervene Early and Appropriately

- Hunt for the underlying cause
- Implement intervention strategies
 - Environmental
 - Physiologic
 - Social
 - Psychological
 - Pharmacologic

- D** Drugs (new/withdrawal)
- E** Environment/Eyes/Ears
- L** Low Oxygen/hgb
- I** Infection
- R** Retention (stool/urine)
- I** Irritation (pain/anxiety)
- U** Under-hydrated/nourished
- M** Metabolic
- S** Stroke, shock states, subdural

To Reduce Morbidity, Mortality and Improve Outcomes