

Contacting a Chaplain

24/7 Spiritual Care is available at the following sites:

- Royal Jubilee Hospital
Chaplain's Office: 250-370-8207
Switchboard: 250-370-8000
- Victoria General Hospital
Chaplain's Office: 250-727-4278
Switchboard: 250-727-4212
- Saanich Peninsula Hospital
Chaplain's Office: 250-652-3911 ext. 23322
Switchboard: 250-652-3911
- Cowichan District Hospital
Chaplain's Office: 250-709-3000 ext. 44289
Switchboard: 250-709-2030
- Nanaimo Regional General Hospital
Chaplain's Office: 250-755-7691 ext. 54022
Switchboard: 250-755-7691

There is a prayer room or chapel available at each of the above sites.



For more information on Spiritual Care services within the Vancouver Island Health Authority, visit:

www.viha.ca/spiritual_care

SPIRITUAL CARE

Vancouver Island Health Authority



What is Spiritual Care?

When we are ill, we suffer physically, emotionally, and spiritually. We may question life's meaning and purpose and ask,

- *Why is this happening?*
- *What am I going to do?*
- *How will this affect me and my family?*

Spiritual Care involves helping individuals and families to address these kinds of questions.

Who Provides Spiritual Care?

Hospital Chaplains are part of the health care team and specialize in providing spiritual care to patients, family members and hospital staff.

What does a Chaplain do?

A Chaplain

- has compassion for what you are going through
- listens
- respects your culture, traditions and beliefs
- doesn't judge you
- offers words of encouragement, comfort, and hope
- keeps what you say confidential
- will pray with you and for you, if you ask
- can help connect you with your faith community

Whom do Chaplains Serve?

VIHA Hospital Chaplains offer spiritual care to patients, family members and hospital staff. Patients can ask to see a chaplain, and family members, friends or staff can ask a chaplain to visit a patient.

VIHA Chaplains serve people of all faiths, as well as people who do not have a religious affiliation.

Chaplains abide by VIHA's confidentiality policies.