



## Tobacco Control Program's Interactive Tools

### **Available for loan through the Tobacco Control Program**

Victoria 250.519.3429

Nanaimo 250.755.6285

Courtenay 250.331.8589

#### **Tobacco Wheel of Choice**

This kit includes a tabletop wheel display that spins to select one of 8 categories (second-hand smoke, tobacco laws, teens & smoking, advertising, decisions, health effects, statistics, and the tobacco industry). Most of the questions are "multiple choice". It can be played with as little as two people or teams of people as in a classroom setting.

Target group: grades 4-12

#### **Carbon Monoxide Monitor (Smokerlyzer)**

This monitor can be used in quit smoking groups to motivate people to quite or can be used to demonstrate the difference in CO levels between non-smokers, smokers and those exposed to second-hand smoke. All smokers take CO into their lungs when they inhale and high blood CO levels increase the risk of circulatory problems, heart attack, and stroke.

Target group: grade 8+

**Instruction required prior to use**

#### **Healthy Lungs & Simulated Smokers' Lung Kit (pigs lungs)**

Two sets of inflatable pigs' lungs simulate the lungs of a non-smoking person and one that been smoking a pack a day for 20 years. They are useful in the demonstration of lung function and anatomy. The lungs also contain two simulated cancerous tumors: one on the surface, and one deep within the lungs.

Target group: grade 6+

**Instruction required prior to use**