



SEVEN OAKS TERTIARY MENTAL HEALTH FACILITY

Seven Oaks Program

State-of-the-art tertiary mental health treatment and rehabilitation

- New purpose-built facility – 5 resident houses plus rehabilitation and administration building.
- Located in a 17 acre park-like setting just 20 minutes from downtown Victoria, BC.
- Play an important role that reflects a commitment to provide residents with the best rehabilitation and treatment through a holistic approach rooted in the key values of openness, participation, quality and innovation.
- Nurse to patient ratio is 1:7 or 1:5 (2 or 3 person teams in each house consist of the nurse as clinical leader and a support position working with 7 residents).

Innovative Approach

The Seven Oaks Tertiary Mental Health Facility was identified in 1997 by Health Canada as a 'best practices' site and underwent a major facelift and expansion with a new purpose-built facility comprising five resident houses plus a rehabilitation and administration building.

The new 38 bed facility provides the highest quality of psychiatric treatment and rehabilitation in home-like cottages that allow residents to learn basic living skills, how to manage their illness and live with the neighbours in the community in order to move towards greater independence.

As residents recover in the facility program, Seven Oaks offers supported apartments and intensive case management services to maintain continuity of care and ensure a smooth transition into community living. The tranquility of the surrounding park-like environment compliments the emphasis on treatment and rehabilitation that is individualized to meet each resident's particular needs.

Objectives

- Create an environment that encourages residents to reach the highest possible level of achievement and independence.
Support care providers share a diverse range of skills such as anger management, assertiveness training, time and organizational management and every day living skills. The program encourages a multi-disciplinary approach working in partnership with residents, families and community health providers.
- Individualized health plans are developed for each resident with established goals evaluated on an ongoing basis.
- Use a combination of modeling, support, encouragement and education to ensure maximum independent functioning for each resident.

