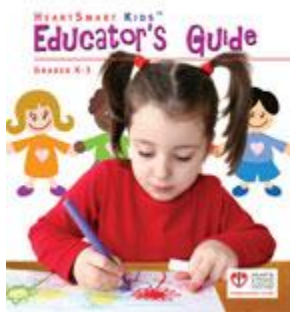


Contact the Tobacco Control Program for the following resources:

Victoria 250.519.3429

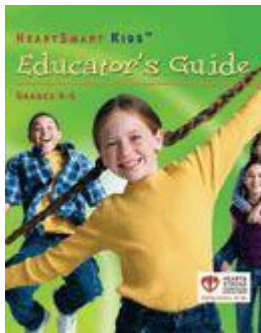
Nanaimo 250.755.6285

Courtenay 250.331.8589



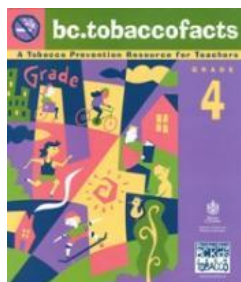
HeartSmart Kids Educator Guide – Grades K-3 & Grades 4-6

These materials form a package of health education activities that teachers can use in class with students from K to grade 6. The materials focus on the key aspects of heart health. The ideas are so fundamental that they can provide students with the awareness and attitudes needed to shape a lifetime of healthy living. Contact the Heart and Stroke Foundation at 1.888.473.4636 extension #364 to find out how to obtain this resource.



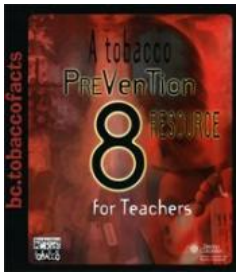
HeartSmart Kids Educator Guide Grades 4-6 Aboriginal

The Heart and Stroke Foundation, with funding from Health Canada and the advice of Aboriginal leaders; their educators and the Canadian Diabetes Association, developed these materials to provide culturally relevant lessons on healthy living for Aboriginal students. Contact the Heart and Stroke Foundation at 1.888.473.4636 extension #364 to find out how to borrow this resource.



bc.tobaccofacts grades 4-7

Getting to young people before they start smoking is the goal of *bc.tobaccofacts*, a tobacco prevention resource guide for teachers. It closely links with the learning outcomes of the *Personal Planning K-7 Integrated Resource Package* and links closely with other curriculum areas. Contact a Tobacco Control Program staff member at 250.360.1450 to borrow a copy of this resource.



bc.tobaccofacts grades 8-12

A school-based tobacco prevention resource developed by the Ministry of Health with the support of the Ministry of Education. This resource is designed to connect to the education curricula being taught throughout British Columbia. It has been developed with the assistance of teachers, students and health professionals. It draws on the experience of other jurisdictions in preventing tobacco use among young people as well as the latest research in the field of tobacco prevention. Contact a Tobacco Control Program staff member at 250.360.1450 to borrow a copy of this resource.