

Oxeze / Foradil (Long Acting Bronchodilator)

BRAND NAME	GENERIC NAME	DOSAGE FORM
Oxeze®	Formoterol	Turbuhaler™(dry powder inhaler)
Foradil®	Formoterol	Dry powder capsule for inhalation

Formoterol is a “**preventer**” asthma drug known as a long-acting bronchodilator. Like your “**reliever**” inhaler, it makes breathing easier by opening the small air passages in the lungs. It helps them remain open and relaxed for 12 hours, rather than just the 4 to 6 hours your short-acting reliever lasts.

Formoterol is fast acting with a long duration of action. You usually notice an effect within 1-3 minutes. The effect should last for 12 hours.

Formoterol should not be taken more than twice daily. It must be taken together with an anti-inflammatory medication such as a corticosteroid except when used to treat exercise-induced asthma. **You should not reduce or stop any other medicine** unless directed to do so by your doctor. If you have difficulty breathing, tightness, wheezing, or coughing and need relief, use the “reliever” inhaler your doctor has prescribed for you.

Ask your doctor about providing you with a **written Asthma Action Plan**, which allows you to adjust your medication according to your symptoms and peak-flow measurements.

SIDE EFFECTS:

Very occasionally some people feel a little shaky, or have a headache, or notice their heart is beating faster than usual just after taking their dose. These effects usually disappear by themselves within 1 -2 weeks. If any side effects bother you or if they continue, be sure to tell your doctor.

MISSED DOSES:

If you miss a dose of your twice-daily maintenance treatment, and remember within 6 hours, you should take your usual dose as soon as possible, then go back to your regular schedule. If it is more than 6 hours when you remember, do not take the missed dose. Just take the next dose on time.