



Hillside Seniors Health Centre
Yakimovich Wellness Centre

1454 Hillside Avenue

SEPTEMBER 2007

Please check our web site at www.viha.ca/hshc/yakimovich_wellness_centre.htm

DATE: TUESDAY, SEPTEMBER 18, 2007

TOPIC: ACUPUNCTURE AND TRADITIONAL CHINESE MEDICINE: HOW DOES IT WORK AND WHAT CAN IT DO FOR YOU?

Time: 2:00 – 4:00pm

Presenter: Anne Vardy, Registered Acupuncturist at the Lalli Care Clinic

Session Description: Learn more about acupuncture and how it can be used to treat many common health concerns. During this workshop you will find out about the theories surrounding acupuncture, what happens during a typical acupuncture session, what you can expect from your acupuncturist and what types of health problems can be treated with acupuncture.

Free Admission

Register by calling Hillside Seniors Health Centre 370-5641

(Two hour free parking on side streets or paid parking behind Aberdeen)
For more information call the Yakimovich Centre: 370-5641