

## Medical/Surgical Skills Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_\_

This tool will assist us to identify nursing opportunities that match your skills and nursing experience.

Please indicate your level of experience:

**A: No theory or clinical**

**B: Theory only, no experience**

**C: Less than 1 year's experience**

**D: 1– 2 years experience**

**E: >2 years experience**

### A. CARDIOVASCULAR

#### Assessment

- |                                      |                            |                            |                            |                            |                            |
|--------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. Auscultation (heart rate, rhythm) | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Blood pressure, non-invasive      | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 3. Doppler                           | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Pulses/circulation checks         | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |

#### 2. Care of the patient with:

- |                                   |                            |                            |                            |                            |                            |
|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. Aneurysm                       | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Angina                         | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 3. Cardiac arrest                 | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Cardiomyopathy                 | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 5. Carotid Endarterectomy         | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 6. Congestive heart failure (CHF) | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 7. Femoral-popliteal bypass       | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 8. Myocarditis                    | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 9. Pericarditis                   | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 10. Post-acute MI                 | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 11. Post angioplasty              | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 12. Thrombophlebitis              | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |

#### 3. Medications

- |                            |                            |                            |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. Heparin drip            | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Oral anticoagulants     | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 3. Oral antihypertensives  | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Oral & topical nitrates | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |

## B. PULMONARY

1. Assessment
  1. Auscultate breath sounds A  B  C  D  E
  2. Rate of breathing A  B  C  D  E
  3. Work of breathing (accessory muscles, etc) A  B  C  D  E
2. Equipment & Procedures
  1. Airway management devices/suctioning
    - (1) Nasal airway/suctioning A  B  C  D  E
    - (2) Oropharyngeal/suctioning A  B  C  D  E
    - (3) Sputum specimen collection A  B  C  D  E
    - (4) Tracheostomy/suctioning A  B  C  D  E
  2. Chest physiotherapy A  B  C  D  E
  3. Incentive Spirometry A  B  C  D  E
  4. O<sub>2</sub> therapy & medication delivery systems
    - (1) Face masks A  B  C  D  E
    - (2) Inhalers A  B  C  D  E
    - (3) Nasal cannula A  B  C  D  E
    - (4) Portable O<sub>2</sub> tank A  B  C  D  E
    - (5) Trach collar A  B  C  D  E
  5. Oximetry A  B  C  D  E
3. Care of the patient:
  1. Bronchoscopy A  B  C  D  E
  2. COPD A  B  C  D  E
  3. Fresh tracheostomy A  B  C  D  E
  4. Lobectomy A  B  C  D  E
  5. Pneumonectomy A  B  C  D  E
  6. Pneumonia A  B  C  D  E
  7. Pulmonary embolism A  B  C  D  E
  8. Thoractomy A  B  C  D  E
  9. Tuberculosis A  B  C  D  E

## C. NEUROLOGICAL

1. Assessment
  1. Level of consciousness A  B  C  D  E
2. Equipment & Procedures
  1. Assist with lumbar puncture A  B  C  D  E
3. Care of the patient with:
  1. Aneurysm precautions A  B  C  D  E
  2. Basal skull fracture A  B  C  D  E

- |                                      |                            |                            |                            |                            |                            |
|--------------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 3. Closed head injury                | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Coma                              | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 5. CVA                               | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 6. Delirium Tremens (DTs)            | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 7. Encephalitis                      | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 8. Meningitis                        | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 9. Multiple Sclerosis                | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 10. Neuromuscular disease            | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 11. Post craniotomy                  | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 12. Seizures                         | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 13. Spinal cord injury               | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Administration of anticonvulsants | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |

**D. ORTHOPEDICS**

- |                                |                            |                            |                            |                            |                            |
|--------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. Assessment                  |                            |                            |                            |                            |                            |
| 1. Circulation checks          | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Gait                        | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 3. Range of motion             | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Skin                        | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 5. Support devices             |                            |                            |                            |                            |                            |
| (1) Cane                       | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (2) Cervical collar            | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (3) Gait belt                  | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (4) Prosthetic                 | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (5) Sling                      | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (6) Transfer boarders          | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (7) Walker                     | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| (8) Wheelchair                 | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 6. Traction                    | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Care of patient:            |                            |                            |                            |                            |                            |
| 1. Post surgical Amputation    | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 2. Arthroscopic surgery        | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 3. Cast assessment & care      | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 4. Osteoporosis                | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 5. Pinned fractures            | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 6. Rheumatic/Arthritic disease | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 7. Total hip replacement       | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |
| 8. Total knee replacement      | A <input type="checkbox"/> | B <input type="checkbox"/> | C <input type="checkbox"/> | D <input type="checkbox"/> | E <input type="checkbox"/> |

## GASTROINTESTINAL

3. Assessment
- 1. Bowel sounds A  B  C  D  E
  - 2. Distention A  B  C  D  E
  - 3. Fluid balance A  B  C  D  E
  - 4. Nutritional status A  B  C  D  E
4. Equipment & Procedures
- 1. Administration of tube feeding
    - (1) Feeding pump A  B  C  D  E
    - (2) Gravity feeding A  B  C  D  E
  - 2. Management of:
    - (1) Gastrostomy tube A  B  C  D  E
    - (2) Jejunostomy tube A  B  C  D  E
    - (3) T-tube A  B  C  D  E
  - 3. Placement (insertion) of nasogastric tube A  B  C  D  E
  - 4. Salem sump (or similar) to suction A  B  C  D  E
5. Care of the patient with:
- 1. Bowel obstruction A  B  C  D  E
  - 2. Colostomy/Ileostomy A  B  C  D  E
  - 3. GI bleeding A  B  C  D  E
  - 4. GI surgery A  B  C  D  E
  - 5. Hepatitis A  B  C  D  E
  - 6. Inflammatory bowel disease A  B  C  D  E
  - 7. Invasive diagnostic testing A  B  C  D  E
  - 8. Liver failure A  B  C  D  E
  - 9. Paralytic Ileus A  B  C  D  E

## E. RENAL/GENITOURINARY

1. Assessment
- 1. Fluid status A  B  C  D  E
2. Equipment & Procedures
- 1. Insertion & care of straight & Foley catheter
    - (1) Female A  B  C  D  E
    - (2) Male A  B  C  D  E
  - 2. Catheter care
    - (1) 3-way Foley A  B  C  D  E
    - (2) Supra-pubic A  B  C  D  E
    - (3) Basic indwelling catheter care A  B  C  D  E

Bladder irrigations

- (4) Continuous A  B  C  D  E
- (5) Intermittent A  B  C  D  E
- 3. Specimen collection
  - (1) Routine A  B  C  D  E
  - (2) 24 hour A  B  C  D  E
- 3. Care of the patient with:
  - 1. Hemodialysis shunt A  B  C  D  E
  - 2. Post Nephrectomy A  B  C  D  E
  - 3. Peritoneal dialysis A  B  C  D  E
  - 4. Renal failure A  B  C  D  E
  - 5. Renal transplant A  B  C  D  E
  - 6. TURP A  B  C  D  E
  - 7. Urinary diversion (ileal conduit nephrostomy) A  B  C  D  E
  - 8. Urinary tract infection A  B  C  D  E

**F. ENDOCRINE/METABOLIC**

- 1. Assessment
  - 1. Signs/Simptoms diabetic coma A  B  C  D  E
  - 2. Signs/Symptoms insulin reaction A  B  C  D  E
- 2. Equipment & Procedures
  - 1. Blood glucose monitoring
    - (1) Electronic measuring device: Type / Name: A  B  C  D  E
    - (2) Performing finger stick A  B  C  D  E
    - (3) Visual blood glucose strips A  B  C  D  E
  - 2. Indwelling insulin pump A  B  C  D  E
- 3. Care of the patient with:
  - 1. Diabetes mellitus A  B  C  D  E
  - 2. Disorders of adrenal gland (e.g. – Addison's disease) A  B  C  D  E
  - 3. Disorders of pituitary gland (e.g. – Diabetes Insipidus) A  B  C  D  E
  - 4. Hyperthyroidism (Graves disease) A  B  C  D  E
  - 5. Hypothyroidism A  B  C  D  E
  - 6. Thyroidectomy A  B  C  D  E
- 4. Medications (administration & teaching of patient/family):
  - 1. Insulin A  B  C  D  E
  - 2. Oral hypoglycemics A  B  C  D  E
  - 3. Steroids A  B  C  D  E
  - 4. Thyroid medications A  B  C  D  E

## WOUND MANAGEMENT

5. Assessment
- 1. Skin for impending breakdown A  B  C  D  E
  - 2. Stasis ulcers A  B  C  D  E
  - 3. Surgical wound healing A  B  C  D  E
6. Equipment & Procedures
- 1. Air or fluidized low loss air beds A  B  C  D  E
7. Care of the patient with:
- 1. Burns A  B  C  D  E
  - 2. Pressure sores A  B  C  D  E
  - 3. Decubitus ulcers A  B  C  D  E
  - 4. Surgical wounds with drain(s) A  B  C  D  E
  - 5. Traumatic wounds A  B  C  D  E

## G. ONCOLOGY

1. Assessment
- 1. Nutritional status A  B  C  D  E
  - 2. Pain control A  B  C  D  E
2. Equipment & Procedures:
- 1. Reverse isolation A  B  C  D  E
3. Care of the patient with:
- 1. Bone marrow transplant A  B  C  D  E
  - 2. Oncologic surgery A  B  C  D  E
  - 3. Inpatient chemotherapy A  B  C  D  E
  - 4. Inpatient Hospice A  B  C  D  E
  - 5. Leukemia A  B  C  D  E
  - 6. Radiation implant A  B  C  D  E
4. Medications: Chemotherapy certification? Yes  No

## INFECTIOUS DISEASES

### Equipment & Procedures

- 1. Fever management A  B  C  D  E
- 2. Isolation A  B  C  D  E

### Care of the patient with:

- 3. HIV / AIDS A  B  C  D  E
- 4. Hepatitis A  B  C  D  E
- 5. Lyme disease A  B  C  D  E

**H. PHELBOTOMY/IV THERAPY**

- 1. Equipment & Procedures
  - 1. Administration of blood/blood products
    - (1) Albumin A  B  C  D  E
    - (2) Cryoprecipitate A  B  C  D  E
    - (3) Packed red blood cells A  B  C  D  E
    - (4) Plasma A  B  C  D  E
    - (5) Whole blood A  B  C  D  E
  - 2. Drawing venous blood A  B  C  D  E
  - 3. Starting IVs
    - (1) Angiocath A  B  C  D  E
    - (2) Butterfly A  B  C  D  E
    - (3) Heparin lock A  B  C  D  E
- 2. Care of the patient with:
  - (1) Hickman A  B  C  D  E
  - (2) Portacath A  B  C  D  E
  - (3) Quinton A  B  C  D  E
- Care of patient with Peripheral line/dressing A  B  C  D  E

**I. PAIN MANAGEMENT**

- 1. Assessment of pain level/tolerance A  B  C  D  E
- 2. Care of the patient with:
  - 1. Epidural anesthesia/analgesia A  B  C  D  E
  - 2. IV conscious sedation A  B  C  D  E
  - 3. Narcotic analgesia A  B  C  D  E
  - 4. Patient controlled analgesia (PCA pump) A  B  C  D  E

See next page ... Continued...

**AGE SPECIFIC PRACTISE CRITERIA**

Please indicate which age group(s) you have expertise in providing age-appropriate nursing care:

- A: Newborn/Neonate (birth – 30 days)**
- B: Infant (30 days – 1 year)**
- C: Toddler (1 – 3 years)**
- D: Preschooler (3 – 5 years)**
- E: School age children (5 – 12 years)**

- F: Adolescent (12 – 18 years)**
- G: Young Adult (18 – 39)**
- H: Middle Adults (39 – 64)**
- I: Older Adults (64+)**

Able to adapt care to incorporate normal growth & development

A  B  C  D  E  F  G  H  I

Able to adapt method & terminology of patient instructions to their age, comprehension & maturity level.

A  B  C  D  E  F  G  H  I

Can ensure a safe environment reflecting specific needs of various age groups.

A  B  C  D  E  F  G  H  I

**My experience is primarily in:** (please indicate number of years)

- |   |         |   |         |
|---|---------|---|---------|
| <input type="checkbox"/> Medical                | year(s) | <input type="checkbox"/> Neurology      | year(s) |
| <input type="checkbox"/> Surgical               | year(s) | <input type="checkbox"/> Pediatrics     | year(s) |
| <input type="checkbox"/> Telemetry              | year(s) | <input type="checkbox"/> OB/GYN         | year(s) |
| <input type="checkbox"/> Orthopedics            | year(s) | <input type="checkbox"/> Psychiatry     | year(s) |
| <input type="checkbox"/> Oncology               | year(s) | <input type="checkbox"/> Rehabilitation | year(s) |
| <input type="checkbox"/> Other (Please specify) | year(s) |   |         |

Number of Hospital Beds: \_\_\_\_\_

Number of beds in unit: \_\_\_\_\_

Patient Acuity: \_\_\_\_\_

Describe current duties: \_\_\_\_\_

**CERTIFICATION**

**M/D/YR**

Basic Cardiac Life Support: expiry \_\_\_\_\_

Other: \_\_\_\_\_

The information I have given is true and accurate, to the best of my knowledge I hereby authorize the use of this Checklist to accompany my resume for the sole purpose of consideration for employment.

AGREE

DISAGREE

Name: \_\_\_\_\_

Date: \_\_\_\_\_