



Hillside Seniors Health Centre
Yakimovich Wellness Centre

1454 Hillside Avenue

FEBRUARY 2012

Please check our web site at www.viha.ca/hshc/yakimovich_wellness_centre.htm

DATE: THURSDAY, FEBRUARY 9TH, 2012

TOPIC: BCAA MATURE DRIVERS WORKSHOP- LIVING WELL DRIVING WELL

TIME: 9:30-11:30am

Presenter: BCAA Traffic Safety Foundation

Session Description: The Living Well, Driving Well workshop is designed specifically to help mature drivers assess their driving skills and habits and make adjustments to reduce risk. If you feel it is time to look at your driving, this 2-hour workshop can help you identify areas that may need tuning up. Developed by BCAA Traffic Safety Foundation, this workshop is engaging, informative and practical.

Free Admission

Register by calling Hillside Seniors Health Centre 250-370-5641

OR

Register by emailing: WellnessCentreRegistration@viha.ca

(Two hour free parking on side streets or paid parking behind Aberdeen/)
For more information call the Yakimovich Centre: 250-370-5641