

PHC & CDM PROGRAM UPDATE – May 2009

Realizing Possibilities Through Partnership

Events:

Date	Name	Location	Audience	Contact Info:
May 26, 2009	From Patient to Person: Living with Chronic Pain	CV Nursing Centre	Clients living with chronic pain	Patricia Foster 250-331-8502
June 10, 2009 8am - 11:30	CDM Forum	MEWS Conference Center, RRU	South Island GPs	Monique Major 250 360 5635
June 16, 2009	Compounding Pharmacy & Chronic Pain Management (Rudy Sanchez, Marigold Pharmacy)	CV Nursing Centre	Clients living with chronic pain	Patricia Foster 250-331-8502
June/July	Events Listing	Hillside Seniors Centre	Seniors Population	http://www.viha.ca/hshc/events.htm

Chronic Disease Management Forums:

- The next CDM Forum is being held June 10, 2009 at Royal Roads University, the MEWS Conference Center. The focus is Ischemic Heart Disease and Kidney Disease; management referrals and VIHA clinics. Information can be obtained through Monique Major, 250 360 5635.

Integrated Health Networks:

- The Integrated Health networks continue to increase the number of patients enrolled. Currently six IHNs are seeing 1550 patients and working with 80 plus local family practitioners. The Teams share the care of the patient with the local physician. Community service contracts also support the IHN patient with relevant services.

Nurse Practitioner Demonstration Project:

- Evaluation document now complete and ready for distribution. To receive a copy please contact Kelly Smith, Administrative Assistant PHC & CDM Kelly.A.Smith@viha.ca
- Longer-term contract renegotiations to take place in June with 2 clinics. Third clinic where NP is leaving has recruited a physician.
- Successful presentation at BC Nurse Practitioner Conference.

Nutrition Services & Diabetes Education Centres:

- Each year, Nutrition Services provides internship placements for five UBC 5th year dietetic interns. The interns will successfully complete their internship (and their Dietetics degree) in June. The interns spent time in Campbell River, Port McNeill, Nanaimo, Duncan and Victoria, gaining practical knowledge in community, clinical, research and administrative dietetics. In addition, the registered dietitians in the Nanaimo area have provided a clinical practicum experience to a Langara College intern for her clinical rotations.

- Nutrition Services in collaboration with Pharmacy and physicians received Health Canada approval to use IV -n-3 lipids in the total parenteral nutrition of a NICU baby. There has been a significant reduction in inflammatory parameters, such as CRP (C-reactive protein) within 10 days of use.
- Nutrition Services in collaboration with dietitians, nurses and physicians across VIHA are revising the Adult Acute Care Enteral Feeding Care Plan
- Heart Matters program is an 8 wk cardiac education program originated at Parksville Diabetes Education Centre. This program is now being offered in Campbell River at Sunshine Wellness Centre utilizing the expertise from a variety of VIHA programs
- North Island Liver Service has started a new liver clinic with Dr. Nel at the Comox Valley Nursing Centre.
- Maureen Falkner, Coordinator Nutrition Services at NRGH, retires on May 29th. Thank you, Maureen, for your years of service to NRGH and VIHA. Please welcome Tracy Lister as the new Coordinator for NRGH Nutrition Services

Practice Support Program:

- The Regional Support Team is working with the BCMA, Ministry of Health and IMPACT BC to develop a new module for PSP. VIHA local GP Champs, a group of mental health clinicians and four psychiatrists in conjunction with the Regional Support Team are preparing for the delivery of this module related to mental health services. This module will be ready for local GP participation in the Fall of 2009 and will provide GPs with new tools and resources.

Primary Health Care Organizations & Urgent Care Centres:

Port McNeill Interdisciplinary Practice

- Collaboration between Port McNeill RN / MOA and Port Alice staff regarding CDM work.
- PHC nurse attending Women's Health training for Pap test skill (shared funding to support this education - will utilize these skills in First Nation communities and at community health fairs in the Fall).

Comox Valley Nursing Centre

- Co-sponsored "Living Life to the Full" session with community mental health staff - offered to clients living with chronic pain - May 5th.
- Eating Disorder Program: working with high school staff to offer prevention /early intervention sessions with students: Eating Healthy as a Vegetarian/Vegan - is planned for June 11th.
- Reduced waitlist for chronic pain assessment from 45 to 10 clients - additional workload hours and staff commitment to pre-planned appointments (current wait time at 3 weeks).

Ladysmith Family Practice/Ladysmith Community Health Centre

- Falls Prevention program growing with small group sessions as well as one-on-one assessments and rehab program - PT, OT, and Nursing.
- OT & PT starting short term rehab services for adults with significant neurological impairments.
- Urgent Care staff receiving education/information from all on site programs to increase their ability to manage a wide range of issues encountered during presentations at LCHC as well as assisting in their role as "navigators".
- Interprofessional students - 4 will be on site this summer - X-ray, Nursing, NP, and Medicine.
- Registered patients in Family Practice Clinic has more than doubled since start in 2004.

Health Point Care Centre

- Health Point Care Centre has registered over 600 patients who are 55 years of age and older, with 2 or more co-morbid conditions as part of the Seniors At Risk Integrated Health Network (SARIN). 117 patients have signed the SARIN consent to participate in the evaluation of the

project. 18 patients have declined. 89 Health Point patients have been referred to the Mobile Falls Clinic and an additional 50 patients are potential referrals. Since January 2009, 32 patients have had a medication review by either the SARIN pharmacist or the SARIN case manager.

- Three staff members, the nurse practitioner, and three family physicians attended the IHI Office Practice Summit in Vancouver on March 22-24th. The team continues to debrief, share their learnings, identify opportunities for improvement and begin some baseline measures.
- There was a poster presentation at the Canadian Health Improvement Forum in Vancouver, BC on Saturday March 21, 2009. The poster highlighted some of the quality improvement initiatives at Health Point such as: the Electronic Medical Record, patient registries, the CDM tool kit, advanced access, self management and group visits.

Chemainus Health Care Centre

- The Urgent Care Unit is open from 07:30 am - 10:30 pm daily with the following Outpatient Services: Laboratory 7:45am - 3:45pm weekdays; Radiology 0815-12:00 and 1pm-5:15 pm weekdays; Physiotherapy 8:00 am - 3:45 pm (weekdays only, appointment necessary); Diabetes Education Available 4th Monday of each month at CHCC (Referral and appt necessary). See website for appointment information

http://www.viha.ca/phc_cdm/phc_cdm_prog/Chemainus+Health+Care+Centre.htm

Primary Health Care & Chronic Disease Management

http://www.viha.ca/phc_cdm