

Please check our web site at www.viha.ca/hshc/yakimovich_wellness_centre.htm

DATE: SUNDAY, FEBRUARY 5TH, 2012

TOPIC: CONVERSATION CAFÉ: THEATRE, MUSIC, MOVIES, SHOWS...

TIME: 2:00 – 3:30PM

Meeters, Greeters and Facilitators: Seniors from the Finding Home™ – Senior Dialogues

Session Description: You are invited to participate in a Conversation Café. Cafes are for adults who are looking to make connections and have meaningful conversations. Please come on your own or invite a friend to come with you – we look forward to seeing you and having vibrant discussions.

- From oldies to new ones – what are some of your favourite shows and tunes and why?
- Do they make movies, shows, music like they used to?
- Where in Victoria do you go to see or watch shows, movies, listen to music?
- Do you sing, dance, act, and play an instrument...if so, with whom and where?
- Are the Arts valued as much as sports?

Free Admission

Register by calling Hillside Seniors Health Centre 250-370-5641

OR

Register by emailing: WellnessCentreRegistration@viha.ca