

PHC & CDM PROGRAM UPDATE – August 2009

Realizing Possibilities Through Partnership

Events:

Date	Name	Location	Audience	Contact Info:
Sept 21–Nov 2	Chronic Pain 6 week Education Series	Comox Valley Nursing Ctr.	Clients living with chronic pain	Patricia Foster/Michele Caley
Sept 24–Nov12	Compulsive Eating/Binge Eating Support Group 8 week Series	Comox Valley Nursing Ctr.	Adults living with CE or binge eating	Patricia Foster/Lynn Redenbach

Chronic Disease Management Forums:

- The next CDM Forum will focus on an integrated approach to the Patient with COPD. The South Island Forum is scheduled for October 7, 2009, at Royal Roads University. The mid island Forum will be held in Nanaimo at the Vancouver Island Conference Center, scheduled for October 28, 2009. The North Island Forum will be held in early December in the Comox Valley. These sessions provide local GPs with an opportunity to come together, gain information on new billing incentives and hear from specialists on guideline care. The Forums also focus on the navigation of VIHA referrals and treatment services available.

Diabetes Education Centres, Nutrition Services, North Island Liver Services

- Corilee Watters, Coordinator Nutrition Services, South Island has left VIHA to accept a position as Assistant Professor of Nutrition at the University of Hawaii. All the best, Corilee!
- The North Island Liver Services has been instrumental in forming the Campbell River primary care outreach network, which focuses on "working together to advocate and provide access to care and services for individuals who are street involved."
- Campbell River Heart Matters program completed their pilot program in July. They will be offering two more sessions from September to December 2009. Parksville Heart Matters program continues at the Parksville Diabetes Education Centre.

Integrated Health Networks:

- Six Integrated Health Networks are up and running and seeing patients in conjunction with participating family physician offices. Currently there are 88 physicians involved with island wide and 2300 patients have received services through the service delivery model. Teams provide service in a group visit format as well as some one on one appointments for patients that meet the target population definition.
- Seniors at Risk Integrated Health Network - South Island (SARIN):
 - The number of patients registered for services has increased to almost 2,000 as of the end of August 2009.
 - IM/IT has developed a daily report of SARIN clients readmitted to hospital/emergency to be followed up by the team members as required.
 - The program has recently begun an initiative to develop an integrated, multidisciplinary care plan to improve continuity of care between settings.

Nurse Practitioner Demonstration Project:

- A Nurse Practitioner has been recruited to work with Dr. Lyn Pascoe, a family physician in Duncan. The position will start September 1, 2009.

Practice Support Program:

- The Regional Support Team has engaged approximately 270 unique physicians in the PSP to date. Learning modules have included; Self Management; Group Medical Visits; Chronic Disease Management; and Advanced Access. A new learning module has recently been made available related to Mental Health services. The module provides GPs with tools and supports to better diagnose and care for patients suffering from mild to moderate depression.

Primary Health Care Organizations & Urgent Care Centres:

- Port Hardy Interdisciplinary Practice
- Comox Valley Nursing Centre
- Ladysmith Family Practice/Ladysmith Community Health Centre
- Health Point Care Centre
- Chemainus Health Care Centre

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