

## **CORE BIOPSY DISCHARGE INFORMATION SHEET**

After a core biopsy, it is normal to have some discomfort or bruising in the breast. To help this, you may choose to do any or all of the following:

- Take acetaminophen (Tylenol) 1-2 tablets every 4 hours, when and if needed
- Apply an ice pack over the area
- Wear a bra, even when sleeping

### **Side Effects?**

Although you should be aware of the following side effects, the chance of experiencing them is rare:

- Infection: Any time a needle is inserted into the body, there is a potential for introducing infection. Check the insertion site for redness, swelling or any discharge and report it to your doctor immediately.
- Nipple Discharge: Nipple discharge may be seen following the core biopsy. This is considered to be a normal result of the procedure and will resolve in a few days.

### **Results?**

Please call your doctor's office 5 working days from the date of your biopsy to receive your biopsy results.

### **Questions?**

The Breast Health Patient Navigator at the Victoria General Hospital is a nurse who supports people experiencing breast health concerns or breast cancer. She can provide information on breast disease, answer questions and help you understand the next steps.

To contact the Breast Health Patient Navigator, please call (250) 727-4467 or email [BreastHealth@viha.ca](mailto:BreastHealth@viha.ca).