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Please check our web site at [www.viha.ca/hshc/yakimovich\\_wellness\\_centre.htm](http://www.viha.ca/hshc/yakimovich_wellness_centre.htm)

**DATE: FRIDAY, FEBRUARY 10<sup>TH</sup>, 2012**

**TOPIC: ACTIVITIES TO DO WITH A PERSON WITH DEMENTIA**

**TIME: 10:00am – 12noon**

**Presenter: Christin Hillary, Support & Education Coordinator, Alzheimer's Resource Centre**

**Session Description:** Are you looking for creative ways to engage your family member with dementia in meaningful activities? This workshop for family caregivers explains the goals and benefits for meaningful activities, gives suggestions for appropriate activities and explains how to maximize the pleasure and benefit for you and the person.

*This session is open to family members, friends, neighbors, volunteers, and health care professionals*

**Free Admission**

**Register by calling Hillside Seniors Health Centre 250-370-5641**

**OR**

**Register by emailing: [WellnessCentreRegistration@viha.ca](mailto:WellnessCentreRegistration@viha.ca)**