


PHC & CDM PROGRAM UPDATE – March 2009

Realizing Possibilities Through Partnership

Events:

Date	Name	Location	Audience	Contact Info:
April/May	Events Listing	Hillside Seniors Centre	Seniors Population	http://www.viha.ca/hs/hc/events.htm
March 17/09	Moving from Patient to Person: Chronic Pain	CVNC video link -Canadian Pain Coalition	Clients on CP waitlist	Patricia Foster
March 27/09	Intimacy and Chronic Pain Presenter: Dr. Deb Weins	CVNC	Clients Living with CP	Patricia Foster
April 14/09	Depression and Cardiac Disease (co-presenting with CVNC, MHAS & Wachiay staff)	Wachiay Friendship Centre, Courtenay	First Nations clients	Patricia Foster Lisa Murphy
April 16/09	Early Kidney Disease Education	CVNC with video-link with Port Hardy, Port McNeill and Nanaimo	Clients with early renal disease	Patricia Foster Kathleen O'Donaghue
April 16/09	"How Can I Provide Optimum Care For My Patients with Chronic Kidney Disease?" (See attached poster)  April 16 Professional Session ...	CVNC with video-link Port Hardy, Port McNeill and Nanaimo	HC professionals	Patricia Foster Kathleen O'Donaghue
April 24, 2009	"Green Day" celebration of staff participation in Green initiatives which resulted in ~ 24% reduction in energy usage and many useful environmentally friendly suggestions. Staff lunch and afternoon education booths.	LCHC Garden	Community agencies & VIHA staff	Heather Dunne Nancy Gunn
May 7 – June 11	The Yakimovich Wellness Centre will be hosting the UVic Centre on Aging Chronic Disease Self-Management Program from May 7-June 11 th . For further information about education sessions, health and wellness events and chronic disease self-management at the Yakimovich Wellness Centre	Hillside Seniors Centre	Seniors Population	To register, please call 1-866-902-3767

Chronic Disease Management Forums:

- The South Island CDM Forum was held March 11, 2009 and the next Mid/North Island Forum is scheduled for April 18, 2009 in Nanaimo. The topic of both Forums “Women and Heart Health”. The Forums explore the differences in presentation, investigation and treatment of women and heart health.

Diabetes Education Centres, Nutrition Services, North Island Liver Services

- Sunshine Wellness Centre had its official grand opening. This centre located at the Campbell River Hospital, has multiple services in the same building creating a one-stop shop for many. These services include: Aboriginal Health, Diabetes Education, Integrated Health Network, North Island Liver Services, Out Patient Nutrition Services, Pacemaker/Heart Function Clinic, Stroke Clinic, Wound and Ostomy Clinic, and soon Pulmonary Function Clinic. In addition there are visiting clinics which this site accommodates.
- North Island Liver Services presented a research poster at the annual CASL (Canadian Association Study of Liver) Conference titled: “Why Are Aboriginal People Treated For Hepatitis C With Peg-Interferon And Ribavirin Less Frequently Than Non Aboriginal People On Northern Vancouver Island”. The abstract was published in The Canadian Journal of Gastroenterology. The poster was well reviewed and the team has been encouraged to write a full research paper.
- The RJH Critical Care Unit recently participated in a quality assurance project benchmarking nutrition practices with other ICUs from around the world. And out of 167 ICUs, the Royal Jubilee Hospital was ranked fourth. This ranking is based on criteria reflecting adequacy of enteral nutrition, or tube feeding. The criteria included route and timing of nutrition, optimizing GI functions and glycemic control. Optimal nutrition is achieved by dietitians, nurses and intensivists, following enteral nutrition protocols, and recognizing the importance of nutrition on clinical outcomes. Studies have shown nutrition affects morbidity, length of stay and mortality.
- A resource guide for Mental Health Employees “Helping to Reduce the Risk for Heart Disease” has been distributed to MHAS across VIHA and the resource booklet will be located on the MHAS website.

Integrated Health Networks:

- Six Integrated Health Networks are up and running and seeing patients in conjunction with participating family physician offices.
- The first of a series of Regional Quality Improvement Learning Sessions for IHN staff and participating physicians will be held March 30, 2009 at the Nanaimo Conference Center

Seniors at Risk Integrated Network (SARIN):

- Peninsula Brain Health program to support dementia diagnosis and care started in March
- Weekly clinic day with geriatrician in attendance established at Saanich Peninsula Hospital
- Partnership for balance strengthening classes at Panorama Recreation Centre has been initiated
- Pilot of the Liverpool Pathway for End-of-Life protocols is in progress at Saanich Peninsula Hospital
- Training for physicians in the use of Advance Care Planning directives has been initiated
- New service level for SARIN patients set up for CERNER and registration of patients is proceeding
- There are currently 29 providers participating in the SARIN project in the Greater Victoria and Saanich areas.

Nurse Practitioner Demonstration Project:

- Evaluation document to stakeholders end of March. Contract extension with 2 clinics until September 2009. One of NP's is relocating - no decision re contract extension at this time.
- Successful presentation by invitation at the Edmonton Primary Care Conference
- Upcoming presentation at the BC Nurse Practitioner Conference

Practice Support Program:

- The Regional Support Team has engaged approximately 250 unique physicians in the PSP to date.
- A new learning module related to Mental Health Services will be available in the summer of 2009. Provincial training for this module will be undertaken in April of 2009.
- PSP work was recently showcased at the Ministry of Health's, Focus on Innovation 2009 Conference, held in Richmond, BC March 6th.

Primary Health Care Organizations & Urgent Care Centres:

Port McNeill Interdisciplinary Practice

- PHC Nurse and MOA will be working with Port Alice nursing staff over the next few months to enhance their role in CDM.

Comox Valley Nursing Centre

- Growing use of flexible office space -- North Island Liver Clinics (including gastroenterologist, Dr Nel), seating clinics with Home Care; Lung Research Study x 3 days at the end of March
- Early dialogue with various programs to create monthly one-stop drop-in for street involved clients (AVI, Social Services & Housing, Salvation Army, Wachiy, CVNC)

Ladysmith Family Practice/Ladysmith Community Health Centre

- X-ray service hours have been extended to 1830 on weekdays
- Second FAME program (Stroke Rehab Program) in last week provided by HCC rehab in partnership with Urgent Care nursing
- Planning Interprofessional student placements for this summer
- Government of Canada access site every 2 weeks under "Personalised Service Delivery for Persons with Disabilities Demonstration Project"
- Positive evaluation of SSC sessions for adult psychiatry submitted for renewal of program

Health Point Care Centre

- Health Point Care Centre celebrated its 5th year of operations on April 1, 2009. The centre opened in a temporary space in 2004 with a focus on providing primary care services to a seniors population. Now in the fifth year of operations, Health Point targets a 70+ patient population living within a defined geographic area and for those who do not have a family physician
- The clinic has been successful in obtaining funding from the Specialty Services Committee of the BMCA to contract a geriatrician to assist in managing the complex care needs of the frail elderly patient population.

Chemainus Health Care Centre

- Chemainus Health Care Centre site participated in the VIHA wide Wellness and Safety initiative for Slips, Trips and Fall Prevention Awareness in February 2009. Staff working in the Urgent Care Unit in Nursing and Support Services viewed the "retro video", read the handout, answered skill-testing questions and submitted entries to the staff draw. The initiative was designed to increase awareness in staff of workplace environmental hazards and the importance of safe work habits. The local campaign was awarded second prize for all VIHA and prize money of \$75.00 to the local JOH&S Committee.

[Primary Health Care & Chronic Disease Management
http://www.viha.ca/phc_cdm](http://www.viha.ca/phc_cdm)