

EMERGENCY PREPAREDNESS CALENDAR

Emergency Preparedness Begins With You – Workshop #1

We would like to invite you to a two-hour workshop that provides in-depth information and practical application to individual and family emergency preparedness. Learn the basic skills of preparedness and survival to care for your needs for a minimum of 7 days after a disaster.

You will learn how to:

- Respond during a disaster
- Compile an emergency kit
- Plan for family reunification
- Shut off your utilities
- Cope with sanitation issues
- Organize food and water supplies
- Record and store personal information
- Make your home safer during an emergency
- Plan for evacuation with grab and go bags
- Address special needs.

Monday, February 22, 2010 7-9 p.m.
Pearkes Recreation Centre
Call (250) 475-5400 to register, Course # 352707

Monday, April 12, 2010 7-9 p.m.
Saanich Commonwealth Place
Call (250) 475-7600 to register, Course #369504

This workshop is FREE but registration, through any Recreation Centre, is required.

*For more information or to book a workshop for groups of 10 or more,
please call Kristie at the Saanich Emergency Program: 250.475.7140.*