

Responding to a Community Need

John Fitzgerald

Area Manager, Comox Valley & Campbell River
Mental Health and Addiction Services

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Mental Health and Addiction Services

- ◆ A range of services
- ◆ Priority - accessible services for adults with serious mental illness and/or addictions
- ◆ Services provided in the context of a wider support network

Profile of Campbell River

- ◆ Current Population - 41,590
- ◆ Population projected to increase by 4.4% (to 43,423) by 2015
- ◆ About 10% of population identify as Aboriginal
- ◆ Age distribution relative to VIHA:

0-19	20-54	55-64	65-74	75-84	85+
+14.2%	0.8%	+2.8%	-8.0%	-28.1%	-42.4%

Profile of Campbell River

- ◆ Death rates higher than VIHA for:
 - ▶ Alcohol and/or other drugs
 - ▶ Suicide
- ◆ Psychiatry hospitalization rate lower than VIHA

Data sources: BC Statistics; Statistics Canada; VIHA

Community Need

- ◆ Same challenges as larger cities:
 - ▶ Mental Health
 - ▶ Addictions
 - ▶ Lack of housing
 - ▶ Homelessness



Community Need

- ◆ Health needs often greater than the standard hours of delivery
- ◆ Some people access service in non-traditional ways
- ◆ Need to go to the client
- ◆ No evening or weekend service

What to do?

- ◆ Develop a new type of service
- ◆ Base it on best practice
- ◆ Align it with the community need
- ◆ Develop and strengthen partnerships
- ◆ Learn and adjust as we go

Meeting the need

- ◆ Funded permanent position to work with clients where they are:
 - ▶ Geographically
 - ▶ Culturally
 - ▶ In their illness
- ◆ Integrating into the community
- ◆ Keeping it going
- ◆ Just keep improving the service

Meeting the need

- ◆ Local area received funding increase
- ◆ Majority of \$100,000 targeted to new position
- ◆ Aligning service delivery with the dimensions of quality
- ◆ Opportunity to promote telehealth in mental health and addictions

Key Learnings

- ◆ Enhanced:
 - ▶ Responsiveness
 - ▶ Client/community focus
 - ▶ System competency
 - ▶ Work life
- ◆ After Hours Clinician

Key Learnings

- ◆ Relationships:
 - ▶ Emergency shelter
 - ▶ Continuum of health care
 - ▶ Community agencies
 - ▶ Government agencies
 - ▶ Other
- ◆ Position has been embraced

Summary

- ◆ Working towards meeting the need
- ◆ Relationships are key
- ◆ Quality community care



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Questions?

